

Title:

Exploring the Alchemical Mysteries of Creativity and the Divine Feminine

a weeklong residential healing intensive for women set in the beautiful Sangre de Cristo mountains of northeastern New Mexico

led by

Monika Wikman, Ph.D. and Diane Haug, MA, LPCC

Dates:

September 12 - 18, 2010

6 nights / 7 days

Place:

Ocamora Retreat Center (www.ocamora.org)

Ocate, New Mexico

Cost:

\$1325 - \$1575 (*based on choice of accommodations)

includes tuition, lodging, meals

Description:

During this weeklong intensive we will explore the alchemical mysteries and motifs that connect us deeply to our own creativity and the experience of the divine feminine. Defining 'creativity' as 'living with creative spirit', we celebrate all of the manifestations of spirit that define a woman's life. Using highly experiential modalities such as Grof Holotropic Breathwork, Jung's active imagination, dreamwork, art, journal writing, movement, bodywork, guided time in nature, and ritual we will 'seed' the imagination in a sacred process of deep inner exploration and self-expression. In addition to the healing and renewal inherent in the work, this cultivation of the unique and precious 'creative spirit' in each of us can act as a powerful antidote to the despair and disenchantment that so easily affects our lives in these complex and challenging times.

Registration:

The group size is limited. Early registration is highly recommended. The cost of the retreat ranges from \$1325 - \$1575 (includes tuition, meals, lodging) based on your choice of accommodations. A non-refundable deposit of \$275 reserves your space. Balance of payment is due by September 1, 2010. You are welcome to consider making payments anytime prior to that date. Cancellations after August 15th will be refunded (minus deposit) if your space can be filled.

Detailed information (e.g. description of the facility, accommodations, the Holotropic Breathwork process, biographies of both Monika and Diane, etc) will be sent upon request.

To register please include your full name, mailing address, phone and email address. Please make your check payable to Diane Haug and send to 39 Camino la Cueva, Glorieta, New Mexico 87535. Phone: 505/757-2939 E-Mail: dianeh@newmexico.com

